



# Good Shepherd Primary School Newsletter

Assumption of the  
Blessed Virgin Mary



Term 3

Week 5

Tuesday, 16th August, 2016

## THE ASSUMPTION

Fr Rodney Kissinger, S.J.

Adapted from: [http://www.frksj.org/homily\\_the\\_assumption.htm](http://www.frksj.org/homily_the_assumption.htm)

Yesterday was the feast of the Assumption. The Assumption is the oldest and most solemn feast of Mary. It is not mentioned in the New Testament but it has been celebrated for at least sixteen hundred years.

The Assumption means that God who planned the very first moment of Mary's life with such extraordinary care also planned her very last moment just as carefully. At the first moment of her life, by a very special privilege of God, Mary was preserved free from the stain of sin. At the last moment, by another very special privilege she was preserved free from the corruption of the grave. At the end of her life Mary was assumed body and soul into heaven. (Whether or not she died first, is an open question.)

In the Immaculate Conception the emphasis is on the soul. In the Assumption the emphasis is on the body. Both are important. They were made for each other. At death, there is only a temporary separation. Body and soul will be reunited in the Resurrection. The Assumption means that the body that participated in the battle of life will also participate in the victory. Today we are very aware of the importance and the vulnerability of the body. We diet and we exercise. We watch the level of cholesterol and blood pressure. We realize that the body is the vehicle of life. We live as long and as well as the body supports the soul.

But the body is also the instrument of knowledge. All the knowledge we have, even the most abstract, comes in originally from one of the five senses. The body is also the instrument of the communication of knowledge. No one can read our mind. We express our thoughts through the body, with language and signs. The body is also the instrument of grace. We receive the sacraments, the channels of grace, through the body. The body is also the instrument of worship. True worship is in spirit and truth. But it is expressed through the body in words, gestures, genuflections etc.

What a magnificent creation is the body! Though through Original Sin we do not have perfect control. The imperfect control we do have comes only after much discipline. Discipline is what we need most and want least. We just need to look to Mary for inspiration!

"Mary is the perfect model of how we should live; in simple faith, trustful hope, and selfless love of God and others."

*Bianca*

Bianca Cooke  
Acting Principal

### Term 3 Concludes:

Thursday, 22nd September

### Term 4 Commences:

Monday, 10th October

- Religious Education Snippets
- MEGA Fun-A-thon
- Words of the Week
- Infants Olympics Day
- Father's Day Stall Flyer



### UPCOMING EVENTS Term 3, Week 5, 2016

Friday, 19th August: Infants Olympics Day (Good Shepherd School)

Tuesday, 23rd August: 11.00 am Reconciliation (Good Shepherd Church)

Friday, 26th August: Diocesan Athletics Carnival (Athletics Centre, Rooty Hill)

Thursday, 1st September: Father's Day Stall (Parent Helpers required—Please see flyer attached)

**Looking Ahead:**

Thursday, 22nd September: Last Day of Term 3 for Students

Friday, 23rd September: Staff Development Day (Pupil Free Day)

### Social Skill of the Week

*"Say please and thank you"*

### Peace & Joy Awards

The Good Shepherd School Community would like to congratulate the following students for their hard work and dedication throughout the past week. These awards are presented for cooperation, respectfulness, responsibility, care, compassion, fair go and integrity.

KB	Hannah Sonter	KG	Elijah Lauulu
KR	Aarav Kohli	KW	Zakath Juleff
1B	Lily Stojanovski	1G	Hannah Gerard
1R	Not Published	1W	Josue Gavilan Calderon
2B	Lucas Lobos	2G	Louise Reyes
2R	Jonathan Gama	2W	Anjlika Gopal
3B	Divine Vaifale	3G	Rianne Villanueva
3R	Celina Baker	3W	Emmanuel Baduria
4B	Tsega Dawit	4G	Marliese Toa
4R	Benedict Cabrera	4W	Carmella Queras
5B	Theresia Purwadi	5G	Nancy Guillermo
5R	Ayden Hoggard	5W	Francis Dominguez
6B	Alvin Watts	6G	Brendon Purkis
6R	Nikk-Lee Pollard	6W	Sangela Rosa



### Religious Education News:

*Pope Francis states that "Mercy is the very foundation of the Church's life." In the three areas of the Church's ministry - pastoral care, preaching and bearing witness to the world, mercy must be present. The Church itself faces this*

*challenge and it is judged by how mercy is demonstrated by the Church leaders themselves. However, the very nature of our culture or society can be hindrances to our practice of mercy and compassionate love. More often than not, we fall short of offering mercy in the name of justice. This is evident when we read or hear about tragic events happening globally. In declaring a Jubilee Year of Mercy, Pope Francis has put mercy at the forefront of the Church's role in bringing the Good News to the people and providing them with a hopeful future despite their weaknesses and struggles.*

*Misericordiae Vultus (Face of Mercy)*

### Words of the Week

K-2  
Cherish

3-6  
Irate



### MEGA Fun-A-Thon

This year we are having a **MEGA Fun-A-Thon**. It will be held here at school and the children will be participating in so many FUN activities including: Skipping, Zumba, Earth Ball, Thong Toss, Parachute Tug-o-War and much more. It will be an actioned packed day with MEGA FUN.

Friday, 2nd September is the day! The proceeds raised this year will go towards resources for the school to be determined at a later date. This is a great community event that promotes fitness and the children thoroughly enjoy the day. Please support your children, obtain sponsors and come along and assist on the day, if you are able. This would be much appreciated.

Students from Years 5 and 6 competed in the Public Speaking Finals last week. Everyone who participated did a fantastic job. Moira Cruz was the Year 5 Winner and Katelyn Calima was the Year 6 Winner. Katelyn will be joined by Stephen Sumilang in representing Good Shepherd in the Voice of Youth Public Speaking Competition to be held in Week 6!!







### Birthdays

Happy Birthday to the following students who celebrated their birthday this week: Sabina La, Rehana Hufanga, Cedric Roldan, Akuol Acuoth, Krish Patel, Vincent Baduria, Melody Cuasay, Saharsh Morisetti, Maribel Monge

Alfaro, Isalyah Seiuli, Menna Dawit and Tsega Dawit.



Infants (Kinder, Year 1 & Year 2) Athletics Carnival will now be held this coming Friday, 19th August on the school oval. Your child is to wear their sports uniform with their sport house colour t-shirt eg Bradman (Blue), Fraser (Red),

McKay (Green) and Newcombe (Yellow). Please see note attached to this newsletter for further details.

### Staff Development Day—Term 3 2016

Each year Staff participates in professional development to support them in their roles as educators. The focus of these days is aligned to Good Shepherd School's goals. Staff will use information they have gathered about the children to design learning programs for the children that will best meet their needs. This Staff Development Day is a PUPIL-FREE DAY and will take place on **Friday, 23rd September, 2016**. Our thanks to parents for organising care for their children on this day. COSHC will be able to offer limited spaces for care on this day. To make inquiries of COSHC, please telephone COSHC on 0409 121 980.

### School Fees for Term 3 2016

Parents, accounts for Term 3 school fees have been mailed out and are due **Monday, 22nd August, 2016**. Any family having difficulty completing term payments and who wish to make payments by instalments using cash, Centrelink or BPay etc., please contact the School Office for an appointment with Mrs Gabby Smithard to set up a new arrangement.

### Kindergarten 2017 Enrolments

Enrolment Application forms for Kindergarten 2017 are now available from the School Office and on our Website. **Very limited places** left, so please call in (or download from our School's Website) an Enrolment Application. Parents, if you already have a child at Good Shepherd, you will still need to submit an Enrolment Form for any siblings for 2017.

### Premier's Reading Challenge and Help required for Covering Books ....

Dear Parents, just a reminder that the Premier's Reading Challenge finishes this Friday, 19th August so all reading logs need to be in by then. Thank you.

#### Helpers required to assist with covering books

We are urgently requiring helpers to assist with covering books. If you can spare any amount of time, please leave your name and number at the School Office. Your help will be greatly appreciated. Thank you. Mrs Platts/Resource Centre

### Complaints/Grievances Forms

Parents, please note if you would like to make a complaint/grievance in regards to any school matter, you can pick up a form from the school office. All matters will be attended to under strict confidentiality.



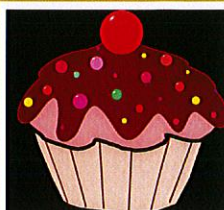
### Uniform Shop

Uniform Shop  
Good Quality Second-Hand Uniforms.

#### Opening Hours:

**Wednesdays & Fridays 8.30 am—9.00 am**

Please note all students must continue wearing their full Winter Uniform for Term 3. **Please note the girl's winter school tights & socks are "bottle green" if wearing black school shoes. If your daughter is wearing brown shoes, then it is worn with fawn tights/fawn socks.** The School's Uniform Shop has supplies of the fawn tights/socks. Thank you. The new school uniforms will be phased in over a 2 year period commencing 2017. Boys Summer and Winter School & Sport uniforms will be available at the start of 2017. The Girls Winter School & Sport uniforms will be available at the start of 2017, the **Girls Summer School uniform will be available late 2017.**



The Write a Book in a Day Team will be holding a cake stall in front of the Resource Centre this coming Friday, the 19th August. All proceeds go to the Westmead Children's Hospital. Please come along and support us and get something YUMMY!



### Canteen News

**Two Meal Deals to choose from at \$5.00 each (This deal concludes Friday, 26th August.)**

#### Meal Deal 1

Egg & Lettuce Sandwich, Bottle of Water & Orange Wedges.

#### Meal Deal 2

Traveller Pie, Juice Popper & Snappy Ice Block

**Both Meal Deals are \$5.00 each**

Orders to be placed by **8.30 am daily**. Online Ordering: To order online please visit [www.flexischools.com.au](http://www.flexischools.com.au). **Please note Chocolate Chip Pancakes are no longer available—only plain can be ordered.**

### Parking Disruption Thursday 25th August

Please be aware that on Thursday, 25/8/16, the Church Carpark will not be available for parking in the afternoon. The Church carpark will be used by schools in the local area to attend a police seminar at Plumpton High School.

All families are encouraged to park in the Hall carpark or across the road at Plumpton shops.

Thank you for your co-operation.

Mrs Bianca Cooke



### Sincere Condolences

Our sincere condolences to the Chand family (Divisha 5W and Bhavya KW) on the recent passing of their grandmother. Please know that you and your family are in our thoughts and prayers during this very sad time.

### Can you spare a little time to help our School's Parent Group???

Dear Parents & Carers, parent helpers are urgently needed for the Father's Day Stall on Thursday, 1st September and also for the Uniform Shop—one hour per week on a Friday morning. Please see the flyer attached for all information and inquiries. Thank you in advance.





### Applications for Leave

Leave of 1—9 days should be requested by parents/carers in writing by email or written note to the Principal. This letter of request should be addressed to the Principal prior to commencing the leave period indicating the specific reason or purpose for the request of leave.

If the leave is for 10 or more school days, this will require a formal application for leave by completing an Application for Extended Leave form. **An interview is also required with the Principal prior to taking leave for 10 or more days.**

### Children Absent from School

Parents, if your child is away from school, please notify the school office by telephone or email. Upon their return to school, please supply a letter to your child's teacher stating the reason for their absence.

### Lost Property & Change of Underwear

As the weather is cooler, please check that your child's clothing has their name on it as there are many items that end up in the Lost Property Bin. Please re-check any items that you pick up in the Lost Property Bin as they may have another child's name on it. If you accidentally pick up another child's clothing, please return it to the Lost Property Bin. Also it would be a good idea to put an extra pair of underwear, socks/stockings in your child's backpack, as with the weather being cooler, little accidents can happen. Thank you.

### Staff Development Days (Pupil Free Days) for Terms 3 and 4 2016

**Term 3:** Friday, 23rd September (Last Day of Term 3)

**Term 4:** Monday, 19th December and Tuesday, 20th December. (Last two days of the term.)

### Pastoral Care & Student Management Policy 2016 and the Countering Discrimination, Harassment & Bullying—Policy

Dear Parents & Carers, for information on the above policies, please refer to our School Website—Our School—Policy & Procedures—Good Shepherd Primary Policies and the Catholic School Community section.



### Visitors to our School

Any visitors to our school are required to enter via the Office to sign in electronically. Upon your exit, please ensure you sign out. **This requirement also stands for visits to the Uniform Shop, Canteen or to the Music Room inside the School premises.** This is a requirement for the continuing safety of all

in our community, and complies with child safety and WHS requirements.

### Contact Details

Parents, it is vital that all contact information including phone/mobile numbers, emergency contacts, home address, email address are kept up to date. Please contact the School Office if any changes need to be made. Thank you.

### Car Park Safety

Parents, please be aware that all children **MUST** be escorted into the School premises, not let out of the car and left to walk alone through the car park. Also, please show a little courtesy when entering and leaving the car park. Reverse parking is designed for everyone's safety, please comply. Thank you.

### Excursion & Incursion Notes

Dear Parents, quite a few of these notes are either lost or misplaced and numerous replacement copies are being requested. When your children bring these notes home, please keep them in a safe place.

### Anaphylaxis Asthma Diabetic

Parents, students who are known to be Anaphylactic, Asthmatic or Diabetic wear identification bracelets during school hours at Good Shepherd School. The identification bracelets assist awareness for all staff and provide a quicker response should any of these students show signs of these illnesses while they are in our care. **The identification bracelets are to remain at school after school hours.** We would appreciate parents encouraging their child to put it on in class each morning and remove it at the end of each school day.



The **ALERT! ASTHMATIC** bracelet is pale blue, the **ALERT! DIABETIC** is dark blue and the **Anaphylaxis ALERT!** is red.

If your child suffers from Anaphylaxis, is Asthmatic or Diabetic **or has any other medical problem** and the school has not been informed or you know your child hasn't been given the appropriate bracelet, we would appreciate correspondence from you so that he/she can be given the bracelet and his/her individual Medical Action Plan can be put in place. Thank you for your assistance.

### Good Shepherd Primary School

134 Hyatts Road, Locked Bag 1001, Plumpton NSW 2761 - Phone: 9832 1509 - Fax: 9832 8984  
Email: [goodshepherd@parra.catholic.edu.au](mailto:goodshepherd@parra.catholic.edu.au) - Website: [www.gsplumpton.catholic.edu.au](http://www.gsplumpton.catholic.edu.au)





CALLING ALL  
CREATIVE  
STUDENTS  
THAT MEANS YOU!

win an iPad mini



Create a new design for the Executive Director's educational blog bluyonder and have the opportunity to win an iPad mini 4.



Entries close **15 September**, check out our website [www.parra.catholic.edu.au](http://www.parra.catholic.edu.au) as well as [bluyonder.wordpress.com](http://bluyonder.wordpress.com) and

GET CREATING!





# GOOD SHEPHERD SCHOOL

134 Hyatts Road, Plumpton 2761

Telephone: (02) 9832 1509 Fax: (02) 9832 8984

email: [goodshepherd@parra.catholic.edu.au](mailto:goodshepherd@parra.catholic.edu.au)

15<sup>th</sup> August, 2016

Dear Parents,

The Infants (Kinder, Year 1 & Year 2) Athletics Carnival will now be held this Friday 19<sup>th</sup> August on the school oval.

Each class has been allocated a country that is participating at the Olympic games. An opening ceremony will be held on the oval where selected children from each class will carry a flag from their country .

All children will participate in a 95 metre Sprint and 4 Novelty events. They will run in Grade groups – Boys races and Girls races

Please allow your child to wear their sports uniform with their sport house colour T-shirt.  
Bradman – blue, Fraser – red, McKay – green, Newcombe – yellow.

Program for the day is as follows:

- 8.30am.....School commences
- 9.00am..... Opening ceremony with flag march past and national anthem
- 9.30am..... 95m sprint races for Yr.2, Yr.1 and Kindergarten
- 10.30am..... Normal Recess
- 11.00am ..... Novelty events on oval
- 12.30pm..... Return to class
- 1.00pm .....Normal lunch

Parents are welcome to attend and support their children. These activities are all part of their Physical Education and sports program. Pupils will return to class when activities are concluded.

Yours faithfully,  
**Ms A Latham**  
**Sports Coordinator**

# Can you spare a little time to help our Parent Group?

Parent helpers urgently needed for the Father's stall on Thursday 1<sup>st</sup> September.

Can you spare a couple of hours to help the children find the "perfect: gift for dad/pop?

If so.....can please call Julie on 0404 482 962.

Also, we need helpers for one hour per week on a Friday morning to help in the Uniform Shop.

The shop is open from 8.30 to 9am and then just a few minutes more to finish up. At this time we don't have anyone to help – if we can't find someone to help – we will have to close the Uniform shop on Fridays.

Can you spare this time? If you can – please call Julie

0404 482 962

Please remember that anyone who volunteers at our school needs to have completed the

**"Building Safe Communities" registration and training.**

Thank you!

**Good Shepherd Parent Group!**



## Playvan supports children by developing skills through play

Find out how Playvan can help you and your child



### Playvan Playgroups

Playgroups runs every week during school term from January to December all families are welcome.

### Who can refer?

Agencies can refer a child/ren to Playvan with permission from the family via a phone call or families can refer their own child/ren.



### How to contact Playvan?

If you would like more information about Playvan and would like to refer a child and family, please contact Playvan on 9625 0422, 0406 607 809 or [playvan@childrenfirst.asn.au](mailto:playvan@childrenfirst.asn.au)

#### Plumpton Neighbourhood Centre

337 Rooty Hill Rd Nth, Plumpton  
(Enter via Bottles Rd)

Thursday 10 am - 12 noon

Cost: \$3 per child or \$5 for a family of 2 or more children

#### Doonside Community Centre

Cnr Graham & Hill End Rd, Doonside  
(Enter community car park via Graham Rd)

Friday 10 am - 12 noon

Cost: \$3 per child or \$5 for a family of 2 or more children

#### Bert Oldfield Playgroup

Bert Oldfield Public School Seven Hills  
Enter via Oldfield Road (off Wallpark Avenue)

Friday 3.15pm - 5.15pm

Afternoon Tea provided

#### Riverstone Playgroup

Riverstone Public School, Elizabeth Street  
Tuesday 11am - 1.00pm

Lunch provided

## Playvan offers support to children with additional needs and their families



### Playvan is a fun play-based playgroup for children from birth to 6 years of age

Playvan supports children and their parents or carers within a playgroup setting to develop skills through play. We offer support to families in the Mt Drutt and Blacktown areas.

Playvan is facilitated by an Early Childhood trained educator and supported by our Early Learning Team which includes Speech Therapists, Occupational Therapists, Behaviour Specialist, Nutritionist and a Counsellor.

### We provide:

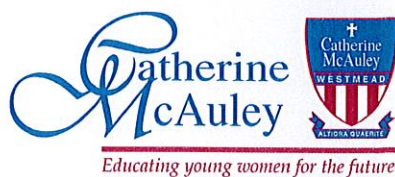
- Practical strategies and ideas for parents about how to support and extend their child's development through play
- Access to a wide range of resources and information (e.g. books)
- Links to local services Assessment and referral information.



childrenfirst  
growing potential







## **Catherine McAuley Westmead Enrolments for Year 7 2018**

There will be three Open Mornings specifically for Year 7 2018 enrolments on:

**Tuesday 6<sup>th</sup> September, Wednesday 19<sup>th</sup> October and  
Thursday 17<sup>th</sup> November 2016  
9.15 – 11am**

Catherine McAuley is now accepting enrolments for Year 7 2018. Each year the demand for places at Catherine McAuley exceeds what is available. Join us on one of our three upcoming school tours especially for Year 7 2018 applicants but open to any year group.

These mornings will give interested parents and students the opportunity to tour our school on a normal school day. You will be able to view our school grounds and facilities, go into classrooms and meet our students and teachers. Enrolment packs will be available on the day.

To book places for a school tour on one of these tour mornings please contact our School Reception on 9849 9100.





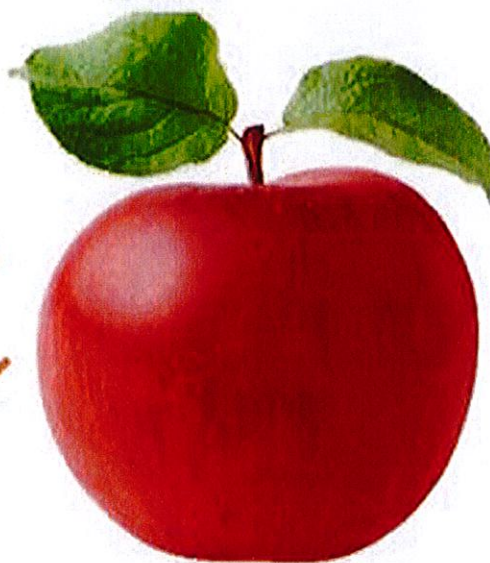
## Live Life Well @ School

Eating well and drinking water at school can help maintain a healthy mind in class.

**POSITIVELY**  
helps improve  
mood

**REDUCES** risk  
of diet-related  
disorders

**PROTECTS**  
against dehydration  
and helps improve  
concentration in class



**STABILISES** blood  
sugars and  
optimises mental  
performance

Here are a few suggestions for eating well and drinking water at school:

- Have vegetables and fruit as snacks
- Pack a water bottle
- Choose wholemeal varieties of breads, rice, noodles and crackers

Live Life Well @ School is a joint initiative between NSW Health and the NSW Department of Education



**Health**  
Western Sydney  
Local Health District





## Celebrate Family Fun day with the Parliament of NSW

Children from 5 to 12 years

Friday 7<sup>th</sup> October 2016 from 10 am -3 pm

Fun activities at this year's Family Fun Day. Photo and dress up opportunities, tours of the Legislative Chambers, mystery object guessing competition, roving historical characters, art and other displays.

Sausage sizzle on the day- (minimum charge)

Free Event: Enquiries (02) 9230 2047 & [dps.education@parliament.nsw.gov.au](mailto:dps.education@parliament.nsw.gov.au)



Parliament of NSW is located on Macquarie Street, in the Sydney