



Good Shepherd Primary School Newsletter

All Saints Day



Term 4 Concludes:

Friday, 16th December

Term 1 2017 Commences:

Monday, 30th January:
Years 1—6 commence

Tuesday, 31st January:
New Kinders commence

Wednesday, 1st February:
Sibling Kinders commence

- Class Placement for 2017
- Medications, Lotions, Creams etc.
- Opal Card information
- Musical Instrument Demonstration
- General School Information

Term 4

Week 4

Tuesday, 1st November, 2016

Our School Community attended this morning's Mass for All Saints Day, and we were very pleased to hear this beautiful Homily from Father Gerard O'Dempsey:

"When the Pope delivers his "Angelus" message to the thousands of people gathered in St Peter's Square, they do not need any special passport or visa to be present. They are there by right. Although many must wait until his words are translated from Italian into a language they can understand, nobody complains of discrimination and inequality. The crowd in the Square represents the entire world, united in a single purpose. When the Holy Father prays the Angelus, thousands accompany him in their own language. Their prayer is in nearly every language on earth and yet a translation is not necessary because everyone knows what everybody else is saying, even if the sound of the words is unfamiliar.

When Jesus gave us the Beatitudes, He told us how to be happy and showed us a glimpse of what it means to be "heavenly". Those who are in heaven are pure of heart and see God. They are at peace. Pure of heart means single minded—so these are those who have single-minded desire for God. Jesus goes on to say that we can have a foretaste of heaven if we are poor in spirit, peacemakers, thirsting for justice, gentle of heart.

Holiness is not limited to language, culture, race or nationality It is not limited to priests or religious. Everyone is called to a life of holiness. Heaven embraces everyone. The list of saints includes Augustine, Francis and Clare, Mary Mackillop and Theresa of the child Jesus, but it also includes members of our own families, people we have known in life, it includes the unsung heroes of human living. All of us called to be saints among the saints in the halls of heaven."

Tricia Carr

Tricia Carr
Principal

UPCOMING EVENTS

Friday, 4th November:	Parramatta Gymnastics Competition (St Andrews College Junior Campus, 116 Quakers Road Marayong)
Friday, 4th November:	Year 6 "No" Day
Tuesday, 8th November:	Reconciliation (11.00 am Good Shepherd Church)
Wednesday, 16th November:	Parent Information Session for Kinder 2017 (7.00 pm—8.30 pm Good Shepherd School—Resource Centre)
Friday, 18th November:	Grandparents Day (commencing with a Liturgy 10.00 am in the Good Shepherd Church). There will be a morning tea, open classrooms and activities.

Social Skill of the Week

"Take your hat off inside"

Peace & Joy Awards

The Good Shepherd School Community would like to congratulate the following students for their hard work and dedication throughout the past week. These awards are presented for cooperation, respectfulness, responsibility, care, compassion, fair go and integrity.

KB	Zachariah Fotu	KG	Kirsten Labial
KR	Makayla-Ann DeGuia	KW	Kaizer Cruz
1B	Charvi Barmalli	1G	Sofia Nazar
1R	Chris Baluyot	1W	Ella Rhayem
2B	Kingston Tauaifaga	2G	Makayla Ross
2R	Emmanuella Soliman	2W	Angelo Cruz
3B	Amara Johnson	3G	Not Published
3R	Xander Mendiola	3W	Aryan Sharma
4B	Sasha Urqueza	4G	Rainier Camat
4R	Emily Carabott	4W	Not Published
5B	Annabelle Kayrouz	5G	Naia El-Awar
5R	Arnav Watts	5W	Preston Henson
6B	Taniela Setefano	6G	Marcelo Rivera
6R	Janika Gopal	6W	Julian Martin

Summer Uniform



By now all students should be wearing their Summer School/Sports Uniform. Please remember our **"No Hat, No Play"** policy and ensure that your child has their school hat each day. All clothing and hats should be clearly labelled with your child's name and class. Thank you.

Class Placement for 2017

Very soon we will start to formulate classes for 2017. If you have any issues regarding your child's class placement, please inform Mrs Patricia Carr, Principal, in writing no later than **Friday, 18th November**. Whilst we endeavour to take into account your considerations, final decisions are made by the School.

If your family is not returning to Good Shepherd in 2017, would you please let Mrs Carr know in writing by **Friday, 18th November**. Please indicate the school that they will be attending, for our records. Thank you.

Words of the Week

K-2

Eager

3-6

Nimble

Note for Parents/Carers regarding Canteen Orders

In purchasing your child's tuckshop order online, you are contracting directly with the supplier. You are responsible for checking that the ingredients of what you order are not incompatible with your child's sensitivities or health issues. Please ensure you check the disclaimers in the supplier's website. If in doubt you should contact the supplier. Thank you.

Medications, Creams, Lotions etc

Dear Parents, just a reminder that any medication required for your child must be sent in to the school office in its original packaging with the medical permission form attached. This includes prescriptions, Panadol, Nurofen and all "over the counter" medication. This form must be completed with all information stated clearly eg name of medication, dosage, time of dosage to be administered, in order for the medication to be given. The Medical Permission note can be found on our school website or you can call into the school office and pick one up.

Opal Card—Important Information

Parents need to be aware that students moving from Year 2 to 3 and from Year 6 to 7 or your circumstances change, e.g. change of school, home address or school year outside of the usual progression, will need to update their application for their OPAL Card, by visiting www.opal.com.au.

A reminder that all students must TAP ON when they start their journey and TAP OFF when the journey is ended. For all enquiries regarding OPAL Cards please go to www.opal.com.au. Thank you.



Uploading of Photos onto YouTube and Social Media

Parents, please note there is to be no uploading of pictures of students that are not your own child, onto YouTube and Social Media eg Facebook, Instagram etc. from events at school without prior permission from the School Principal. Such events include school functions, excursions, liturgies etc.



Birthdays

Happy Birthday to the following students who celebrated their birthday this week: Sonny Cham, Miguel Manalili, Bella Monge Alfaro, Marco Blazevic,

Selina Farah, Soteria Gearman, Ella Rhayem, Dominic Sultana, Anthony Israel, Roza-Elloise Frias, Sean Scanlan, Renaise Alpuerto, Cooper Lambert and Julian Martin.

Children Absent from School

Parents, if your child is away from school, please notify the school office by telephone or email. Upon their return to school, please supply a letter to your child's teacher stating the reason for their absence.

Musical Instrument Demonstration

Tuesday 15th November at 2.00 pm

Students from Years 2 to 5 will attend a musical instrument demonstration by our students who have been learning a musical instrument this year, in the Cola area. The purpose of the demonstration is to inspire students who may have a desire to learn a musical instrument and would like to participate in our Captivate program in 2017. A note will be provided to the students to bring home and discuss with parents the possibility of being part of the instrumental program in 2017. Parents are welcome to attend.

Staff Development Days—Term 4 2016

Each year Staff participate in professional development to support them in their roles as educators. The focus of these days is aligned to Good Shepherd School's goals. Staff will use information they have gathered about the children to design learning programs for the children that will best meet their needs. These Staff Development Days are **PUPIL-FREE DAYS** and will take place on **Monday, 19th December and Tuesday 20th December, 2016 (Week 11)**. Our thanks to parents for organising care for their children on these days. COSHC will be able to offer limited spaces for care on these days. To make inquiries of COSHC, please telephone COSHC on 0409 121 980.

Kindergarten 2017 Enrolments

Enrolment Application forms for Kindergarten 2017 are now available from the School Office and on our Website—**limited places left**—so please call in (or download from our School's Website) an Enrolment Application. Parents, if you already have a child at Good Shepherd, you will still need to submit an Enrolment Form for any siblings for 2017.

School Shoes & Joggers

At this time of the year we often find that children need their school shoes & joggers replaced. Please remember if you are buying new school shoes, they are to be black. If you need to replace joggers, they should be predominantly white. No fluoro or bright colours. For information on uniform and hairstyle requirements, please see website.



Canteen News

Two Meal Deals to choose from at \$5.00 each (This deal concludes Friday, 18th November.)

Meal Deal 1

Ham, Cheese & Tomato Sandwich, Bottle of Water and Zooper Dooper

Meal Deal 2

Chicken Schnitzel Wrap, Juice Popper & Zooper Dooper.
Dear Parents—due to a large price increase "Chicken Fingers" will now be 6 for \$3.50 effective immediately.
Orders to be placed by 8.30 am daily. Online Ordering: To order online please visit www.flexischools.com.au.

Sports Update

Diocesan Basketball Gala Day

Today five Good Shepherd teams are participating in a Basketball Gala Day. Year 6 boys and girls, Year 5 boys and girls and a Year 4 boys' team will play other schools at Penrith Valley Sports Stadium. Good luck to the teams and we know you will do your best! Thank you to Mr Escandor who will accompany the teams, and parents and high school students who will act as Managers of the teams.

Diocesan Gymnastics Championships

This Friday, 4th November, nine Good Shepherd students will participate at the Diocesan Gymnastics Championships. It will be held at Sydney Gymnastics Aquatic Centre (SGAC) Rooty Hill. The students attending all participate in gymnastics out of school and I anticipate some good results! Best of luck to all of you. Mrs Anne Latham

Term Conclusion Date for this term (includes Staff Development Days)

Friday, 16th December

(Monday 19th December and Tuesday 20th December are Pupil Free Days)



School Dental Visits

Last week we had dental checks completed on students in Years 2, 4, 6 and Kindergarten. The children were amazing and so polite - the dental nurses even commented on their wonderful manners! Each child checked was given a letter to take home. If you haven't seen it yet, please look for it in the bottom of your child's bag. This letter informs you of your child's current dental health and if any issues need addressing. Did you know that all children under the age of 18 are able to access free dental care? You can access this support via the Western Sydney Dental Clinics. Want to know more details?? Go to their website- <http://www.health.nsw.gov.au/oralhealth/Pages/contacts.aspx> or give them a ring on Ph. 9845 6766.

Back to School 2017

Parents, if you intend travelling overseas or interstate during the Christmas holidays and your child/children will be returning to school after school resumes, could you please notify the office in writing that this will be happening and note the date your child will be returning for the 2017 school year. (NB, please remember you require the Principal's consent for leave for 10 school days or more prior to taking leave. You will need to complete an Application for Leave form which can be picked up from the school office or downloaded from our website). **This must be completed, travel documentation attached to it, and returned to the school office prior to going on leave.** An interview will then be arranged with the Principal in order for leave to be approved.



Uniform Shop (Wednesdays Only)

Opening Hours:

8.30 am—9.00 am

Good Quality Second-Hand Uniforms. Just a reminder that all new hats are sold through the Uniform Shop for \$15.00.



We ask all parents and carers to respect the use of disability car spaces in the school grounds and that you only use them should you be displaying the appropriate permit.

Car Park Safety

Parents, please be aware that all children **MUST** be escorted into the School premises, not let out of the car and left to walk alone through the car park. Also, please show a little courtesy when entering and leaving the car park. Reverse parking is designed for everyone's safety, please comply. Thank you.

Applications for Leave

Leave of 1—9 days should be requested by parents/carers in writing by email or a written note to the Principal. This letter of request should be addressed to the Principal **prior to commencing the leave period** indicating the specific reason or purpose for the request of leave.

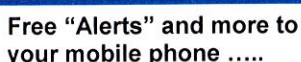
If the leave is for 10 or more school days, this will require a formal application for leave by completing an Application for Extended Leave form. **An interview is also required with the Principal prior to taking leave for 10 or more days.**

Complaints/Grievances Forms

Parents, please note if you would like to make a complaint/ grievance in regards to any school matter, you can pick up a form from the school office. All matters will be attended to under strict confidentiality.

**Pastoral Care & Student Management Policy
2016 and the Countering Discrimination,
Harassment & Bullying—Policy**

Dear Parents & Carers, for information on the above policies, please refer to our School Website—Our School—Policy & Procedures—Good Shepherd Primary Policies and the Catholic School Community section.



Did you know that you can receive "Alerts" to your mobile phone for free? This is very

handy to have and will keep you updated on "last minute" changes or reminders to school events. The App is called "Skoolbag" and to install this free App on your iPhone or Android phone, this is what you do:

Simply search for Good Shepherd School Plumpton in the App Store on your phone, PC or Mac and install. **After the App is installed on your phone, make sure that you select "OK" to allow Alert notifications. Also click on "more" then "Setup" and select which categories you would like to receive Alerts for.**

For those that have Android phones, simply search our school "Good Shepherd School Plumptre" and install. **After the app is installed click on "more" then "Setup" and select which categories you would like receive Alerts for.**

Term 4 Summer Uniform

GIRLS

School Uniform: Regulation School Uniform, Green Hair Ribbons, White turn-down School Socks, Black School Shoes.

Sports: Unisex Sports Shorts with School Crest OR Green School Track Pants, Short sleeved White Polo Shirt with School Crest, Green Sports Jumper, White turn-down School Socks and Joggers ***predominantly white***

BOYS

Please note the new Boys Summer School Uniform is available now. This is Black Shorts, White Shirt with Good Shepherd Primary School Crest, Black Socks, Black School Shoes, Bottle Green Hat and Bottle Green Jacket.

Sports: Unisex Sports Shorts with School Crest OR Green School Track Pants, Short sleeved White Polo Shirt with School Crest, Green Sports Jumper, White turn-down School Socks and Joggers ***predominantly white.***

PLEASE NOTE IF YOUR CHILD IS CURRENTLY WEARING BROWN SCHOOL SHOES, THEY MUST WEAR FAWN SOCKS WITH THE BROWN SHOES.

The School Jumper with crest may be worn at any time throughout the year. The School Hat with crest is a compulsory school item to be worn every day. The School's Uniform Supplier is Lowes, Mt Druitt. **Please mark all school clothing with your child's name to avoid lost property!!**

New Look to our School Uniforms

The new school uniforms will be phased in over a 2 year period commencing 2017. **Boys Summer School Uniform is available now.** Boys Winter School & Sport Uniforms, Girls Winter School & Sport Uniforms will be available at the start of 2017. **Girls Summer School uniform will be available late 2017.**

Label Uniforms, Hats, Jackets, Lunchboxes & Drink Bottles

Please label your child's uniform **especially** their **hats, lunch boxes and drink bottles** as a lot are ending up in lost property! Names can be written on with a laundry pen, embroidered, or you can use iron-on labels. All unlabelled uniforms are washed and re-sold in the uniform shop. By failing to label your child's property, you are spending money unnecessarily when you need to replace these items.



Mobile Phones

Parents, please note students are not allowed to have mobiles on their person or in the backpack during school hours. If you need to contact them, please ring the School Office. Students can leave their mobile phones with the office in the morning and collect them at dismissal time. Thank you.

Good Shepherd Primary School

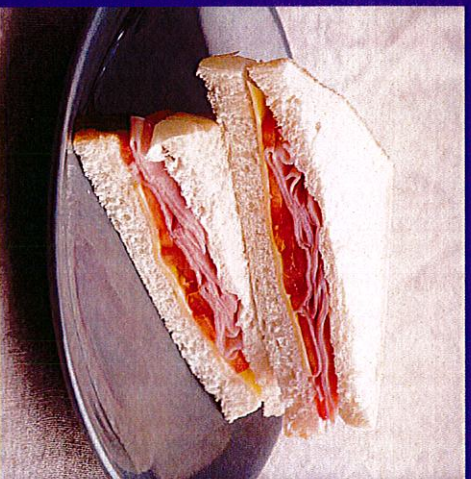
134 Hyatts Road, Locked Bag 1001, Plumpton NSW 2761 - Phone: 9832 1509 - Fax: 9832 8984
Email: goodshepherd@parra.catholic.edu.au - Website: www.gsplumpton.catholic.edu.au

Meal Deal \$5.00



Meal Deal 1

- Ham, Cheese & Tomato Sandwich
- Bottle of Water
- Zooper Dopper



Meal Deal 2

- Chicken Schnitzel Wrap
- Juice Popper
- Zooper Dopper



Tips to care for your teeth

Eat Well

- Enjoy a wide variety of healthy foods
- Avoid snacking on sugary and sticky foods between meals

Drink Well

- Tap water is best to drink

- Avoid acidic or sugary drinks between meals

Clean Well

- Brush teeth twice a day with fluoride toothpaste, especially before bed

Play Well

- Protect your teeth with a mouth guard or full-face helmet when playing sport

Stay Well

- Have regular dental check-ups
- Avoid smoking
- Limit alcohol
- Exercise regularly

What is a dental emergency?

- Bleeding in the mouth that will not stop.
- Swelling of the face from a tooth infection.
- Recent injury to your teeth.

What should I do?

- After hours you should go to your local hospital's emergency department.
- During working hours you should call your Local Health District public dental call centre.

Local Health District		Phone Number
Sydney		(02) 9293 3333
South Western Sydney		
South Eastern Sydney		1300 134 226
Illawarra Shoalhaven		1300 369 651
Northern NSW		
Mid North Coast		1300 651 625
Hunter New England		
Central Coast		1300 789 404
Northern Sydney		1300 732 503
Murrumbidgee		1800 450 046
Southern NSW		
Western Sydney		(02) 9845 6766 or 1300 739 949
Nepean Blue Mountains		(Land line only)
Far West		1300 552 626
Western NSW		



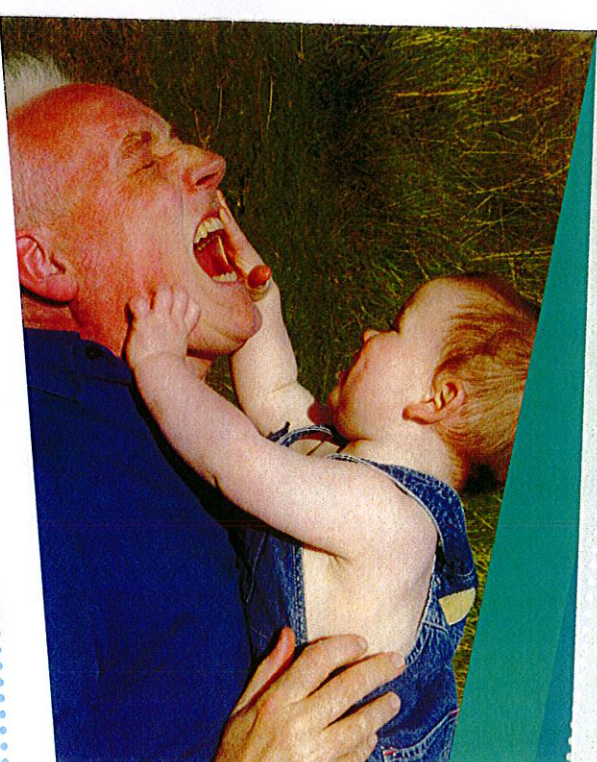
Further copies can be downloaded from NSW Health website:

www.health.nsw.gov.au/cohs/resources.asp

Hard copies available from the
Better Health Centre Publications Warehouse
(02) 9887 5450

SHPN (COHS) 130257 August 2013 (MC)

Public Dental Services



caring for your health and wellbeing

What you need to know



eat well

play well

stay well

drink well

clean well

Who can get free dental care?

Free dental care is available at NSW public dental clinics for:

- all children under 18 years of age.
- adults who hold any of the following Centrelink concession cards



- anyone listed on your card is also eligible for free public oral health care.

All patients must be eligible for Medicare and should have a valid Medicare card. For Medicare information call 13 32 54.

How do I make a dental appointment?

Ring your Local Health District public dental call centre number, listed on the back.

What happens when I ring?

The call centre staff will ask:

- for your concession and Medicare card numbers
- questions about your teeth so they can give you an appointment or place you on a waiting list, depending on your dental need.

The appointment offered may not be at your closest clinic but it may give you the earliest appointment.

You can choose to go to your closest clinic but you may need to wait for an appointment.

What should I do if I need an Interpreter or Aboriginal Liaison Officer?

Ask the call centre staff to arrange an Interpreter or Aboriginal Liaison Officer/ Health Worker at your appointment.

You can also use the National Interpreter Service on **13 14 50**.

What do I need to know?

You need to bring your current concession and Medicare cards to receive treatment.

Your first visit will usually involve a check of your dental needs. You may receive some dental care, but you should not expect your teeth to be fully fixed at your first visit.

If you require further dental care, you will be either: given an appointment, placed on a waiting list, or given a voucher to see a private dentist, depending on your dental needs.

Generally, public dental services are unable to provide crowns, implants or root canal therapy on back teeth.

What should I do if I cannot get to my appointment?

You must ring your Local Health District dental call centre to change or cancel your appointment.

If you fail to attend your appointment, or do not call to change it, your treatment might be cancelled by the Local Health District.

You should let the Local Health District public dental call centre know if you change your address or phone number.