

# GANTEEN MENU 2018



## EVERY DAY HOT FOOD

CHICKEN NUGGETS	4 FOR \$3.00	16 FOR \$4.20
PARTY PIE		\$1.20
CORN ON THE COB		\$1.20
GARLIC BREAD		\$2.00
FILLO SPIRAL		\$3.50
SPINACH & CHEESE OR FETTA & RICOTTA		
CHICKEN FINGERS	6 FOR	\$3.50
VEGIE BURGER		\$4.20
CHICKEN CEASER WRAP		\$4.50
NEMO WRAP		\$4.50
LAMB TOASTED WRAP		\$4.50

## DAILY SPECIALS!

MONDAY		TUESDAY		WEDNESDAY	
Sausage Roll	\$3.20	Pasta Bolognese	\$4.20	Lasagne	\$4.20
Traveller Pie	\$3.80	Parmy Toasted Wrap	\$4.50	Sweet Chilli Chicken Wrap	\$4.50
Meatball Sub	\$4.20	Fried Rice & Chicken Wings	\$5.00	All Meats/Cheese Pizza Wrap	\$4.50
THURSDAY		FRIDAY			
Beef Burger	\$4.20	Sausage Roll	\$3.20		
Butter Chicken & Rice	\$4.20	Sweet Chilli Chicken Burger	\$4.20		
Macaroni & Cheese	\$4.20	Chicken Burger	\$4.20		

## SANDWICHES

AVAILABLE IN WHITE OR WHOLEMEAL WRAP OR ROLL - ADD \$0.50 TO SANDWICH PRICE

VEGETIANE, JAM, DEVON	\$2.00
TOMATO, CHEESE	\$2.50
TUNA OR EGG	\$3.00
HAM, CHICKEN OR SALMON	\$3.50
SALAD SANDWICH - LETTUCE, TOMATO, CUCUMBER, BEETROOT & CARROT	\$3.50
SALAD WITH DEVON OR CHEESE	\$3.90
SALAD WITH TUNA OR HAM	\$4.20
SALAD WITH CHICKEN OR SALMON	\$4.50
EXTRAS - INCLUDING TOASTING	\$0.40

## SUSHI ROLLS

AVAILABLE TUESDAY, WEDNESDAY & THURSDAY

CHICKEN & CUCUMBER	\$3.50
TUNA & CUCUMBER	\$3.50
CHICKEN TERYAKI	\$3.50

## SALADS

CUP OF FRESH FRUIT SALAD	\$2.00
GARDEN SALAD	\$4.00
WITH HAM OR TUNA	\$4.50
WITH SALMON OR CHICKEN	\$5.00
ADD TO YOUR SALAD BOX:	
EGG, CHEESE, AVOCADO, SPROUTS, BACON, CROUTONS (EACH)	\$0.50
CHICKEN CEASER SALAD	\$5.50

## CRUNCH BOX

CUCUMBER STICKS, CARROT STICKS, CHERRY TOMATOES, CHEESE, DIP & CRACKERS	\$4.00
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## BENTO BOX 1 \$5.00

1/2 SANDWICH, CHICKEN WING, CHEESE & CRACKERS, FRUIT SELECTION & 2 MINI MUFFINS



1/2 SANDWICH, PARTY PIE, DIP & CRACKERS, FRUIT SELECTION & 2 MINI MUFFINS

## \$5.00 BENTO BOX 2

## SNACKS

PIECE OF FRUIT	\$1.00
BOILED EGG	\$1.00
COOKIES, DELIGHTS, POPCORN, JUMPY'S	\$1.00
ASSORTED CHIPS	\$1.50
SCREW TOP YOGHURT	\$2.00
FRUIT YOGHURT CUP	\$2.00
BANANA BREAD - SLICE	\$2.50
DIP SNACK BOX	\$2.00
CARROT STICKS, CELERY STICKS, FRENCH ONION DIP	

## PLEASE NOTE

RECESS ORDERS ARE TO BE PICKED UP FROM THE CANTEEN  
ALL ICECREAMS ORDERED WITH LUNCH ARE GIVEN OUT WHEN THE LUNCH BAG IS RETURNED TO THE CANTEEN.

## ICE BLOCKS

FROZEN CORDIAL CUP	\$0.50
FROZEN JUICE CUP	\$1.00
ZOOPEE DOOPER	\$1.00
MANGO SPLIT	\$1.00
LEMONADE ICE BLOCK	\$1.00
THE FLASH ICE BLOCK	\$1.50
SCOOBY-DOO CHOCOLATE	\$1.80
SLUSHIE CUP	\$2.00
ICE CREAM CUP	\$2.00

## DRINKS

JUICE - POPPERS	\$1.80
PLAIN MILK 300ML	\$1.80
WITH SIPPAAH STRAW	\$2.30
POP TOP JUICE	\$2.00
BOTTLED WATER 600ML	\$2.00
GLEE SPARKLING JUICE CAN	\$2.20
FRESH BOTTLE JUICE	\$2.50
FLAVOURED MILK LITE 300ML	\$2.50
UP 'N' GO 250ML	\$2.50

**To Do:**  
CHECK WITH THE CANTEEN FOR THE CURRENT  
**MEAL DEALS**  
**\$5.00**

ORDER YOUR LUNCH ONLINE BEFORE 9AM!

MAKE THINGS EVEN EASIER