

Good Shepherd Primary School Newsletter

Last Week of Term 2 2019 Term 2

Week 10

Tuesday, 2nd July, 2019



Dear Parents and Guardians,

Thank you to everyone who braved the cold so far to have the parent/teacher interview. I know the children love to find out what the teacher said afterwards and hopefully there was positive feedback that you could share with your child.

We are at the end of the term and there has been a lot of sickness this term, so I think the children are really ready for a rest.

Holidays are a great time to recharge our batteries and perhaps for children and parents to catch up on some rest if they are able to have some time off.

Children, nowadays, have a variety of sporting, cultural, academic commitments both before and after school. Even though these activities are important physically, socially and emotionally, we parents need to ensure that they are not at the expense of our children's required level of sleep.

Some of the symptoms of sleep deprivation in children include moodiness and irritability, temper tantrums, the tendency to emotionally "explode" at the slightest provocation, over-activity and grogginess when they wake up in the morning. *Newcastle Sleep Disorders Centre*.

Sleep loss can cause a range of problems including poor concentration, under performance leading to poor academic result.

Surprisingly, sleep deprivation can affect adults and children differently; adults tend to become drowsy, whereas, children tend to "rev-up". Hence the add currently on the media: "Don't trust your tired self".

So, be a role model, model the importance of sleep, rest and relaxation; maybe model reading before bedtime as a means to relax. Try to make sleep a number one priority. I know that is sometimes difficult when parents are working so hard to provide for the family, often doing night shift as well.

So enjoy the holidays and hopefully have some rest and relaxation, both parents and children.

God Bless

Pashvore Cun

Good Shepherd Primary School 134 Hyatts Road Plumpton NSW 2761

Telephone: 9836 7100

Email: goodshepherd@parra. catholic.edu.au

> Principal: Mrs Patricia Carr



Good Shepherd Parish 136 Hyatts Road Plumpton

Telephone: 9832 4461

Email: parishof@tpg.com.au

Parish Priest: Fr Vincy D'Costa ofmcap

> Tricia Carr Principal

Term 2 concludes: this Friday, 5th July

Term 3 commences: Monday, 22nd July



Upcoming Events

Monday, 1st July -Friday, 5th July Parent Teacher Interviews this week

Wednesday, 3rd July

Year 1 & Year 4 Grade Assemblies (2.00 pm Good Shepherd School)

Friday, 5th July

NAIDOC Day (Liturgy - 9.45 am Good Shepherd

Church)

Friday, 5th July

5 Cents Coin Collection

for Father Luan

Friday, 5th July

Last Day of Term 2

Term 3

Monday, 22nd July

Day 1 of Term 3 (Students continue to wear their Winter Uniform)

Friday, 26th July

Grandparents Day (9.00 am Liturgy of the Word in the Good Shepherd Church. Following the Liturgy, there will be morning tea, then classroom

activities.

Friday, 2nd August:

Infants Athletics Carnival (Good Shepherd School)

Grade Assemblies tomorrow

Dear Parents, you are warmly invited to attend the following assemblies to celebrate the achievements during Term 2.

Wednesday, 3rd July-from 2.00 pm

Year 1 Grade Assembly in the 1G space; and

Year 4 Grade Assembly in the 4G space.

Hope to see you there. Regards Year 1 and Year 4 students and teachers.





Peace & Joy Awards

The Good Shepherd School Community would like to congratulate the following students for their hard work and dedication throughout the past week. These awards are presented for

cooperation, respectfulness, responsibility, care, compassion, fair go and integrity.

KB	Aayara Patel	KG	Faatuono (Ursula)Telea
KR	Mark Uson	KW	Castiel Del-Rosario
1B	Zaevar Orayenza	1G	Atak Akot
1R	Chukwubuikem Ugochukwu	1W	Abigail Kamara
2B	Mary Ghilagaber	2G	Nikil Kumar
2R	Geoffrey Manalo	2W	Pualani Penitani
3B	Johnny-Vee Tupou	3G	Ishanyaa Suman
3R	Angelo Cabida	3W	Amber Catig
4B	Mahalea Miles	4G	Orlando Solis
4R	Jaiden Rosas	4W	Alexis Purkis
5B	Hayden Rintoul	5G	Pranith Tirumalasetti
5R	Vilisilva Setefano	5W	Bianca Pestridge
6B	Tristan Dennis	6G	Cloey Nguyen
6R	Eyob Musgun		

eSafety Commissioner

As a way of continuing to support our community in helping our children to be 'Cyber Safe', we are sharing this website for the eSafety Commissioner:

www.esafety.gov.au

This website provides parents and teachers with tips and advice on helping children have safe and enjoyable experiences online. There are helpsheets, safety guides and tours all aimed at empowering parents to understand the challenges children face online and how they can be supported.



Cyberbullying

2019 Dates

Term 2

Concludes: this Friday, 5th July

Term 3

Commences: Monday, 22nd July (Week 1)

Concludes: Thursday, 26th September

Term 4

Commences: Monday, 14th October (Week 1)

Concludes: Wednesday, 18th December

2019 Staff Development Days

(Pupil Free Days)

Term 3: Friday 27th September

Term 4: Thursday, 19th December and Friday

20th December



Parent Group School Disco

Dear Parents & Carers, a very big thank you to all the parents, friends and school staff who volunteered at the Winter School Disco! The children had a wonderful time and your support was greatly appreciated (from the Parent Group).

Visa Updates

If there has been any change to your Visa Status, could you please send in a copy to the school office. It is important that we have the most up-to-date information for our school records.

Complaints/Grievances Forms

Parents, please note if you would like to make a complaint/ grievance in regards to any school matter, you can pick up a form from the school office. All matters will be attended to under strict confidentiality.

Mobile Phone—Settings on your phone

Parents, would you please check your Settings for "Incoming Call restrictions" and "Do Not Disturb" notifications on your mobile phones so as in a case of an emergency, we need to be able to contact you. Would you please ensure that you can be contacted quickly and easily. Thank you.

Policies and Forms

For all policies and forms, please refer to our School Website— "About Us"—"Policies & Procedures". Please note our Parent Handbook is on our School Website under "Enrol Now" for your convenience.

Parent Group News

Uniform Shop

Our uniform shop is open on Fridays from 8:30 am to 9:00 am during school term.

The shop is located next to the library behind the Year 5 classrooms. Thank you to the parents who volunteer each week to run the shop. Please note cash sales only—No Eftpos!

Social Skill of the Week

"Maintain eye contact when speaking to someone"

Privacy Consent

Dear Parents & Carers,

If you do not give consent for the use of your child's image and/or works to be published in our School Newsletter or on our website, please notify the school in writing. If you do not want your child to sell raffle tickets, please also inform the school office. Thank you.

Communication between Parents and Staff

Just a reminder that the direct line of communication if you need to discuss concerns/issues etc regarding your child is:

Émail, phone call or letter addressed to your child's teacher stating your concerns and requesting an interview if required.

Following this, you can request an interview with your child's Year Group Coordinator. Year Group

Coordinators are as follows: Kinder: Mrs Bianca Cooke Year 1: Mrs Trish Conner Year 2: Mrs Yvonne Davies Year 3: Mrs Debbie Dela Paz Year 4: Mrs Beaulah Frankson

Year 5: Mr Ian Byrne

Year 6: Ms Elizabeth Le Breton

If you need to take further steps, after speaking with the Year Group Co-Ordinator, an email, letter or phone call to our Assistant Principal, then to the Principal.

NEW Catholic Education Diocese of Parramatta (CEDP) WEBSITE!

The CEDP has developed a new, improved website. The new site provides more information about who we are, what we offer and what makes us different. The site has been designed with parents and staff in mind. The new CEDP website went 'live' last Friday 21 June. While you would have immediately noticed

lots of things that are different, the URL hasn't changed:

www.parra.catholic.edu.au



Information regarding Leave from School

Leave from school for holiday/overseas trips in school time is not encouraged and must be explained in writing to the School Principal.

A leave form ("Application for Extended Leave") must be completed at least 4 weeks in advance for 5 or more school days. If leave is 10 days or more, an interview with the Principal is also required, together with an Application for Extended Leave form. Leave forms can be obtained from the School Office.

Leave of 4 days and less needs to also be approved by the Principal. Please write a letter to your child's class teacher outlining the details of the leave, including the first and last school day that the child will be absent.

Leave during school terms is strongly discouraged.

Student Absences

Dear Parents.

Just a quick reminder that **ALL student absences need to be explained**. This is a legal requirement. We ask that on your child's return to school you send a note to your child's teacher to explain their absence from school. We need to receive this note within seven days of the last day of absence.

Unexplained Attendance letters

Your child may bring home a letter asking for an explanation for your child's absence from school. Would you please complete and return back to your child's teacher

promptly.



Dear Parents & Carers, please note if someone else will be collecting your child <u>early or during school hours</u>, on your behalf, you need to inform the school <u>in writing or by email to:</u>(goodshepherd@parra.catholic.edu.au) <u>PRIOR TO PICKUP</u>. This policy is <u>effective immediately</u>. Thank you for your cooperation in this matter.





Kindergarten 2020 Enrolments

Enrolment Application forms for Kindergarten 2020 are now available from the School Office. Parents, if you already have a child at Good Shepherd, you will still need to submit

an Enrolment Form for any new siblings for 2020.

School Fees 2019

Dear Parents, accounts for the second instalment of school fees are overdue. Any family having difficulty completing term payments on time and who wish to make payments by instalments using cash, Centrelink or BPay etc, please contact the School Office for an appointment to set up a new arrangement. Please note that a term's notice in writing must be given to the Principal before the removal of a student or 10 week's fees will be payable.

Small change for a big result!

Congratulations to date we have made \$1,521.75 for Fr Luan. This term we hope to be able to further our donation of an additional generator. Thank you for being part of the Small Change—Big Result coin donation.



School Office-

Closed for <u>Cash & Cheque Transactions</u> only

this Thursday, 4th July and Friday, 5th July, 2018

Dear Parents, this Thursday and Friday, (4th & 5th July) the School Office will not be receipting any <u>cash or cheque</u> <u>transactions</u> due to end of term finalising. We apologise for any inconvenience and ask for your consideration at this time. **EFTPOS transactions will still be accepted**. Thank you.

Congratulations!

A big congratulations to the Rintoul family (Hayden 5B and Cameron 4G) on the birth of a new baby boy "Spencer": We wish you every happiness for the future.



Free "Alerts" and more to your mobile phone

Did you know that you can receive "Alerts" to your mobile phone for free? This is very handy to have and will keep you updated on "last minute" changes or reminders to School events. The App is called "Skoolbag" and to install this free App on your IPhone or Android phone, this is what you do: Simply search for Good Shepherd School Plumpton in the App Store on your phone, PC or Mac and install. After the App is installed on your phone, make sure that you select "OK" to allow Alert notifications. Also click on "more" then "Setup" and select which categories you would like to receive Alerts for.

For those that have Android phones, simply search our school "Good Shepherd School Plumpton" and install. After the app is installed click on "more" then "Setup" and select which categories you would like to receive Alerts for.



School Hat found on School Bus

If your child has lost their hat on a school bus, (and their name is Emmanuel) the school hat can be collected from the reception at the Busways Glendenning Depot, (150 Glendenning Road, Glendenning). Reference number is **B1781**. The reception is open Monday to Friday 7.30 am to 5.30 pm.

PLEASE NOTE: All unclaimed lost property will be disposed after three months.



Evacuation & Lockdown Practices

Each term our school practices either a Lockdown or an Evacuation. This is part of our keeping the children and our whole community safe. There is no need for alarm if your child comes home with stories of "an emergency". We do use the sirens to make the drill realistic. Be assured if ever there is a reason for a Lockdown or Evacuation, all staff are trained and ready. Please make sure you regularly update your telephone and emergency contact details. If your mobile phone settings are "incoming call restricted" please change these settings so that we can reach you, in the event of an Emergency.—Thank you.

Important

Children Absent from School

In the event of your child being absent from school due to illness, please inform the school office by phone or email. It is necessary that a written note of explanation be forwarded to the class teacher

on the day of your child's return to school. Prolonged absences from school due to illness should be supported by a medical certificate.

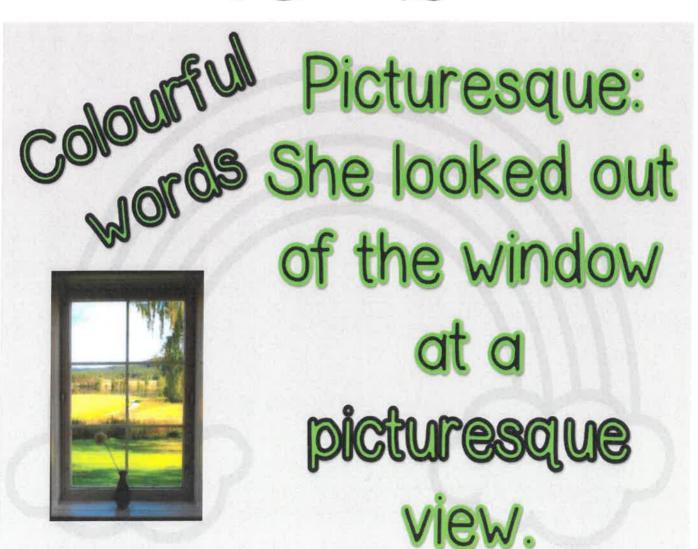
Winter Uniform

Dear Parents, just a reminder that students will continue wearing their Winter School Uniform for Term 3.

Please remember our "No Hat, No Play" policy and ensure that your child has their school hat each day.

All clothing and hats should be clearly labelled with your child's name and class. Don't forget to label lunch boxes and drink bottles. Thank you.





Year 1 Pirate Day



Congratulations to Anjlika Gopal (5R) State Trial 1 overall gold medal winner in Gymnastics—well done Anjlika!!









Term 2 'Infants' Principal's Morning Tea

Dear Parents, today we held our Infants Principal's Morning Tea at school. Teachers were asked to nominate one child from each class to attend morning tea with the Principal and the Assistant Principal. These nominated children have shown a positive attitude to all aspects of schooling for the term. Congratulations to the parents and teachers of these children who consistently make good choices about their learning: KB: Anamanu Setefano, KG: Ursula Faatuono, KR: Mabior Acuoth, KW: Liam Stone, 1B: Matthew Assey, 1G: Aahna patel, 1R: Caitlyn Dunn, 1W: Falani Stanley, 2B: Zhania Galletes, 2G: Brooklyn Viray, 2R: Tiana Vaifale and 2W: Errol Cantorna.

(Please note the "Primary" Principal's Morning Tea will be held Thursday)



School Matters!



Attendance at School

A major learning and pastoral focus of Good Shepherd each year is making sure that every student is at school every day possible.

As you are probably aware, attendance at school has a huge impact on a student's academic success, starting in kindergarten and continuing through high school. Even as

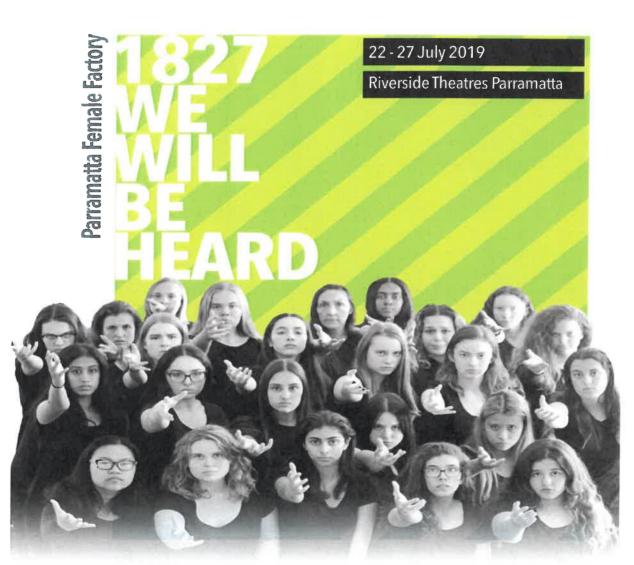
children grow older and more independent, families play a key role in making sure students get to school safely every day - they understand why attendance is so important for success in school and life.

We realise some absences are unavoidable due to health problems or other circumstances. But, we also know that when students miss too much school — regardless of the reason – it can cause them to fall behind academically. Your child is less likely to succeed if he or she is absent. Absences can add up quickly and if a student is absent one day a fortnight over the course of a school year they will miss 20 days of education, which is almost half a school term.

Missing school will negatively impact on your child's learning and results.

We want your child to be successful at school and we know that you do too. If you are having a problem with your child attending school regularly, please let us know. There may be ways we can support you in making sure your child attends school on time every day. Thank you, Mrs Carr and Mrs Cooke.





FORGOTTEN

by Cate Whittaker

RIVERSIDE THEATRES Cnr Church & Market Sts, Parramatta Book now: 8839 3399 or riversideparramatta.com.au







News from the Catholic Education Office



AENGUS KAVANAGH CENTRE 59 Railway Street Mount Druitt Tuesday 6 & Wednesday 7 August from 4pm - 6pm



Good Shepherd Primary School

134 Hyatts Road, Locked Bag 1001, Plumpton NSW 2761 - **Phone: 9836 7100** Email: goodshepherd@parra.catholic.edu.au - Website: <u>www.gsplumpton.catholic.edu.au</u>

COME CELEBRATE WITH US!

Grandparents' Day



Dear Parents, Grandparents and Carers,

On Friday 26th July 2019 we will be celebrating Grandparents' Day here at Good Shepherd Primary School Plumpton.

We will begin the day with a Liturgy of the Word at 9.00 a.m. in the Good Shepherd Parish Church followed by morning tea.

After morning tea there will be a number of activities occurring around the school, including visits to our classrooms.

We are **INVITING** you to celebrate with us on this special day. If you would like to attend please return the bottom half of this letter to your child's class teacher.

Looking forward to celebrating with you,

Ian Byrne
(Religious Education Coordinator)
I/We would to attend the Grandparents' Day on Friday 26th July 2019
SignedStudent's class
Number of a holes attending
Number of adults attending

SELECTED

SCHOOL SHO

AT SELECTED STORES & ONLINE - SHOP NOW

SALES ENDS JULY 31ST 2019.

*T&Cs apply. Savings off orignial prices. While stocks last. Cannot be used with any other offer.